

## We'd like to help you take good care of yourself

At Simplyhealth we believe health is the most important thing of all. Which is why we have a cash plan that can help you feel better every day.

It's called the Simply Cash Plan and it gives you money back on three important areas of your everyday health up to your annual limit:

**Check-ups**, like hygienist visits, dental checks and sight tests

**Treatment**, like fillings, new glasses and physiotherapy

**Emergencies**, if you need to stay in hospital

- Cover starts from 30p a day
- Children are covered free, as long as they're under 18 and live at home with you
- Claim up to 100% money back on your dental and optical costs plus 75% on complementary treatments each year

### Who we are

You might have known us in the past as HSA. Our name may have changed but our commitment to helping people take care of themselves hasn't. We believe in putting our customers first and always doing the right thing, not the easy thing. In a world where so many people can't be bothered, we're proud to be the ones who can.



simplyhealth  
We can be bothered



# Choose the level that best suits you

When it comes to healthcare, everyone has different priorities and different budgets.

The table below will help you decide which level of cover is best for you.

Weekly payment for you and your children		Level 1	Level 2	Level 3	Level 4	Level 5
		£2.10	£3.15	£4.20	£6.30	£8.40
Weekly payment for you, your partner and your children		Level 1	Level 2	Level 3	Level 4	Level 5
		£4.20	£6.30	£8.40	£12.60	£16.80
Annual limit per person						
	Payback level	Level 1	Level 2	Level 3	Level 4	Level 5
Dental	100%	£65	£90	£120	£150	£220
Optical	100%	£65	£90	£120	£150	£220
Physiotherapy, Osteopathy, Chiropractic, Acupuncture & Homeopathy	75%	£150	£250	£350	£450	£700
Chiropody/Podiatry	75%	£50	£100	£150	£200	£300
Consultations & Allergy Testing	75%	£150	£200	£250	£300	£500
Health Screening	75%	£50	£75	£75	£100	£150
Hospital In-patient/Day Case (per night/day)	20 days /nights max	Adult £22 Child £7	Adult £27 Child £9	Adult £32 Child £11	Adult £43 Child £14	Adult £65 Child £22
Hospital Parental Stay (per night)		£22	£27	£32	£43	£65
Maternity Cover (10-month qualifying period)	Per Child	£150	£200	£250	£300	£500

**European cover** – You'll receive all the above benefits wherever you are in the EEA and Switzerland, on business or pleasure, for stays of up to 28 days

**Free Helpline** – Your plan gives you access to a free confidential helpline to advise you on health and lifestyle issues, as well as an over-the-phone counselling service

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Resident children (aged up to 18) are covered free and are entitled to the same payback amount as their parent unless otherwise stated  
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Please see terms and conditions for full details

Your equivalent monthly payment options

Monthly cover for you	Level 1	Level 2	Level 3	Level 4	Level 5
	£9.10	£13.65	£18.20	£27.30	£36.40
Monthly cover for you and your partner	Level 1	Level 2	Level 3	Level 4	Level 5
	£18.20	£27.30	£36.40	£54.60	£72.80

If you'd like us to help you take care of yourself, feel free to bother us on

# 0800 731 3486

8am - 9pm Monday to Friday and 9am - 5pm Saturday

quoting code

or speak to your Simplyhealth representative

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